

## Restraint and Seclusion/Patient safety Devices Policy Number CSC0071

Highlights: Please read Policy for DETAIL

### Two types of restraint recognized:

- Acute medical/Surgical Restraints (non-violent or non self destructive)
- Behavior Management (violent or self destructive behavior)

Please note use of 4 side rails is considered a restraint. CHS does not recognize the use of 4 side rails. There are exceptions – please see the policy.

### Acute medical/Surgical Restraints (non-violent or non self destructive)

Once the need for restraints has been established:

- If RN has applied restraints – restraint **order must be obtained** from the provider.
- Provider is to see and assess patient **ASAP NOT to exceed 24hrs** of restraint being applied.
  - Provider Documents need to continue the restraint and a reason the restraint is needed.
  - Patient's treating physician to be consulted ASAP
  - Restraints **may not** be ordered **prn**
  - Orders must include: Date/Time/ type of restraint/Duration (time limit) for behavioral restraint/ RN signature if VO/Provider signature
- The order must be renewed every day by a provider.
- Reassessment should be documented at least every 4 hrs

### Behavior Management Restraint (violent or self destructive behavior)

When the restraint is initiated the patient must **be seen face to face by the provider within ONE hour** who will evaluate and document in the EMR:

- Patient's immediate situation
- Patient's reaction to the intervention
- Need to continue/discontinue the restraint seclusion

The Time limit for Adults 18years and older is **up to 4 hours**

These orders may be renewed for up to 24 hours

**The original restraint order may only be renewed within the required time limits for up to a TOTAL of 24hrs.**

**After** the original order expires, **before** writing a new order for the use of restraints a **provider must see and assess the patient.**

Simultaneous use of restraint and seclusion is not permitted.