

Outpatient Guidance for COVID-19 Testing Decision

3/17/20

Presentation	COVID-19 Testing* <i>*testing not advised if another diagnosis is confirmed (e.g. influenza)</i>
No acute respiratory symptoms ¹ and NO known close contact ² with COVID-19 case in 14 days	Testing not indicated
Asymptomatic (no acute respiratory symptoms) <u>and</u> afebrile BUT close contact ² to COVID-19 case in past 14 days	Testing not indicated: <ul style="list-style-type: none"> • Quarantine³ 14 days from last close contact • Advise self-monitor for symptoms and fever. • Test if symptoms emerge.
Febrile without respiratory symptoms AND close contact ² to COVID-19 case in past 14 days	Testing Indicated <ul style="list-style-type: none"> • Advise to self-isolate until symptom resolution even if not tested. <i>See when to discontinue home isolation below⁴.</i>
Asymptomatic but in contact with someone under quarantine (NOT infected)	Testing not Indicated <ul style="list-style-type: none"> • Individuals with history of close contact with a quarantined individual (not an infected individual) <u>do not</u> require quarantine unless the quarantined person develops COVID-19. • Remind patient that close contact should be avoided with quarantined individuals (this is the point of quarantine)
Acute Respiratory Symptoms ² and NO COVID-19 close contact ² history	Consider Testing if no other clear cause (e.g. Influenza positive) <ul style="list-style-type: none"> • Testing advised for patients with high transmission risk jobs or lifestyles and in patients with significant comorbid conditions • Testing advised indicated if individual considered likely to be non-adherent to self-isolation instructions (e.g. report cannot miss work etc.) • Advise to self-isolate EVEN IF NOT TESTED. <i>See when to discontinue home isolation below⁴.</i>
Acute Respiratory Symptoms ² & COVID-19 close contact ² history	Testing Indicated <ul style="list-style-type: none"> • Advise to self-isolate until symptom resolution even if not tested. <i>See when to discontinue home isolation below⁴.</i>

1. Respiratory Symptoms: any new: Cough, Hypoxia, SOB
2. Close contact: being within approximately 6 feet (2 meters) of a COVID-19 case for a prolonged period of time; close contact can occur while caring for, living with, visiting, or sharing a healthcare waiting area or room with a COVID-19 case. <https://www.cdc.gov/coronavirus/2019-ncov/php/risk-assessment.html>
3. Quarantine: The process of keeping a person WITHOUT signs of disease but at risk for developing disease due to a high-risk exposure away from others during the infection incubation period to avoid transmission in community in event individual becomes ill with disease.
4. Discontinuing Home Isolation: Isolation is the process used to keep symptomatic individuals with suspected or confirmed infection away from others. Home isolation can be continued when all of the following criteria are met: A) Symptoms Resolved AND B) Fever resolved X 72h without antipyretics AND C) More than 7 days have passed since symptom onset. For high transmission risk occupation patients call DOH for additional guidance. <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>

