



MEMORANDUM

To: All Caregivers
From: Hans Cassagnol, MD, EVP, Chief Clinical Officer & Chief Physician Executive
Date: March 6, 2020
RE: Novel Coronavirus (COVID-19)

As public health officials confirm more cases of the novel coronavirus disease (COVID-19) throughout the US, we must continue to be vigilant as we prepare for potential COVID-19 cases at any of our facilities. Catholic health is taking measures to protect our caregivers and our community. We will continue to update our website with COVID-19 information as needed.

International travel restrictions

Catholic Health, going forward is prohibiting international business travel, including travel to meetings, conferences, professional development. The same prohibition applies for areas of sustained transmission in the US.

I also discourage personal travel to these areas. If you do decide to travel internationally or to any area of sustained transmission in the US for personal reasons, please be aware that you will be subject to the [CDC's guidelines for international travelers](#) and will be required to be cleared by Associate Health. If you must travel to these areas please carefully weigh the risks and benefits of this travel.

To prevent infectious diseases and viruses, please remember to:

- Avoid touching your eyes, nose, and mouth with unwashed hands
- Use alcohol-based sanitizers when soap and water are not available
- Use disposable tissues when coughing and sneezing. If not available, direct your cough or sneeze into the crook of your arm/sleeve
- Clean and disinfect frequently touched objects and surfaces
- Avoid close contact with anyone who has cold or flu-like symptoms. If not possible, then use personal protective equipment (PPE) or maintain a 6 feet buffer between yourself and the person.

Thank you for all that you do to keep our patients, staff and visitors safe.